

# Concerned about the rising cost of living?

These **organisations** and **websites** may be able to help:

**Age UK Wiltshire** - [www.ageuk.org.uk/wiltshire](http://www.ageuk.org.uk/wiltshire) 0808 196 2424

A local charity working in the community to support older people, their families and carers.

**Benefits calculators** - [www.gov.uk/benefits-calculators](http://www.gov.uk/benefits-calculators)

Lists the independent benefits calculators available to find out what benefits you could get and how to claim.

**Citizens Advice** - [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk) 0800 144 8848

Provides advice about budgeting and the extra help you can receive if you're struggling with the cost of living.

**Community fridges** - [www.hubhub.org.uk/the-community-fridge](http://www.hubhub.org.uk/the-community-fridge)

A space where everyone can share surplus food. Hubhub coordinates the world's largest Community Fridge Network.

**Food banks** - [www.trusselltrust.org/get-help/find-a-foodbank](http://www.trusselltrust.org/get-help/find-a-foodbank)

Community organisations aimed at supporting people who cannot afford the essentials in life. The Trussell Trust supports a nationwide network of food banks that provide emergency food and support.

Ask library staff for a full list of Wiltshire food banks.

**FUEL** - [www.wiltshire.gov.uk/leisure/fuel-programme](http://www.wiltshire.gov.uk/leisure/fuel-programme)

A project that offers children that receive benefits related free school meals the opportunity to take part in fun activities and receive a meal during school holidays.

**Help for Households** - [helpforhouseholds.campaign.gov.uk](http://helpforhouseholds.campaign.gov.uk)

Discover what cost of living support you could be eligible for.

**Jobcentre Plus** - [www.gov.uk/contact-jobcentre-plus](http://www.gov.uk/contact-jobcentre-plus)  
0800 169 0190

If you're seeking work, you may be able to get six months of broadband through your local Jobcentre Plus.

**Money Helper** - [www.moneyhelper.org.uk](http://www.moneyhelper.org.uk) 0800 138 7777

A government-approved advice service providing money guidance.

**Ofcom** – [www.ofcom.org.uk/social-tariffs](http://www.ofcom.org.uk/social-tariffs)

Lists the cheaper broadband and phone packages (social tariffs) available.

**Warm and Safe Wiltshire** - [www.warmandsafewiltshire.org.uk](http://www.warmandsafewiltshire.org.uk)

Offers Wiltshire residents free and impartial energy saving advice via an advice line - **0800 038 5722**. Provides help relating to insulation, heating and draft proofing and advice on available grants and schemes.

**Wiltshire Council** - [www.wiltshire.gov.uk/worried-about-money](http://www.wiltshire.gov.uk/worried-about-money)  
0300 456 0100

Provides information about benefits and the support available.

**Wiltshire Family & Community Learning** - [workwiltshire.co.uk](http://workwiltshire.co.uk)  
01225 770478

Offers a range of courses, including ones on balancing budgets, saving energy and shopping for less.

**Wiltshire Libraries** - [www.wiltshire.gov.uk/libraries](http://www.wiltshire.gov.uk/libraries)

Libraries provide warm spaces with free access to books, newspapers, Wi-Fi and computers, plus printing for a small charge, and staff that can help to answer any queries you may have.

**Wiltshire Money** – [wiltshiremoney.org.uk/wiltshire-resources](http://wiltshiremoney.org.uk/wiltshire-resources)

Lists schemes that provide cost of living support (compiled by Wiltshire Citizens Advice).